



## Junior Therapist – Mental Health Services

### **About Ummeed:**

India has millions of children with developmental disabilities, and the access to and availability of therapists and developmental pediatricians is very low. Ummeed is one of India's premier non-profit organizations providing family-centered care to children with developmental disabilities and their families. We believe that all children with developmental disabilities can be included in society and reach their maximum potential, if given the chance. As an organization with a workforce of over 90 committed professionals, Ummeed's transdisciplinary approach works towards:

- Helping children with developmental disabilities
- Building a network of trained professionals and community workers who can prevent, diagnose, and manage developmental disabilities effectively

The team at Ummeed is a diverse group of highly passionate, motivated and talented individuals. Ummeed offers its team members opportunities to grow professionally and personally, inculcating and reflecting a strong culture of supervision and mentorship and the space for continued learning.

### **About “the position” at Ummeed:**

The Ummeed Mental Health Team works with families using the narrative approach. The mental health team began using narrative practices with children and families in 2006. Narrative therapy is a respectful, non-blaming approach to counselling which centers people as the experts in their own lives. It views problems as separate from people and assumes people have many skills, beliefs, values, and abilities that will allow them to reduce the influence of problems in their lives. ([www.narrativetherapyindia.com](http://www.narrativetherapyindia.com)).

The team works collaboratively with a child's caregivers to address his/her needs. Counselling sessions are usually individual child, parent(s), and parent-child or family meetings. Group counselling sessions are also conducted when feasible.

### **Primary Responsibilities:**

- Conduct individual counselling sessions with parents and children with or at risk of developmental disabilities

- Conduct family meetings
- Conduct group counselling sessions with children, parents and siblings of children with or at risk of developmental disabilities
- Documentation of sessions
- Assist in short term and long term training programs that the team conducts

**Minimum Qualifications:**

- Master's degree in Psychology/Counseling

**Essentials Skills Required:**

- Must have good written and communications skills
- Must be open to supervision
- Must be comfortable to work within and across different teams
- Prior experience of working with children and families will be an advantage

**Reporting to:** Senior Team Member - Mental Health

**Others:**

Ummeed would give preference to a candidate who is interested in putting in at least 40 hours per week. Salary will be commensurate with qualifications and experience.

*Candidates meeting the criteria may email their updated resumes to [careers@ummeed.org](mailto:careers@ummeed.org).*